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Jim Hardesty
Farmington High School
310 N. Lightfoot Rd.
Farmington, IL 61531

FHS Cross Country

FARMINGTON INVITATIONAL

PLACE: Farmington High School – 310 N. Lightfoot Rd.

DATE: Saturday, October 3, 2009

TIME: 10:00 a.m. Varsity Girls
10:40 a.m. Varsity Boys
11:10 a.m. Co-Ed Open

AWARDS: Varsity Girls 1-20 medals and 2 team plaques
Varsity Boys 1-20 medals and 2 team plaques
Co-Ed Open 1-15 medals and 1 team plaque

FORMAT: Girls varsity enter seven (7) and score top five (5)

Boys varsity enter seven (7) and score top five (5)

C0-ED Open: Unlimited entry – run together – boys 2.95 miles, girls 2.0 miles. (3 minute delay start)
Your first five runners (any sex) to finish will score
Individuals may enter.

COURSE: The course is located behind the High School.

ROSTERS: Please send a roster including, name, school and year in school.

CONCESSIONS: Our boosters will provide fruit and water for the athletes.

Please come dressed to run. Restrooms are available.

Please fax: 309-245-9163 or email: ematthews@dist265.com your rosters

Reach For Your Goals!

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