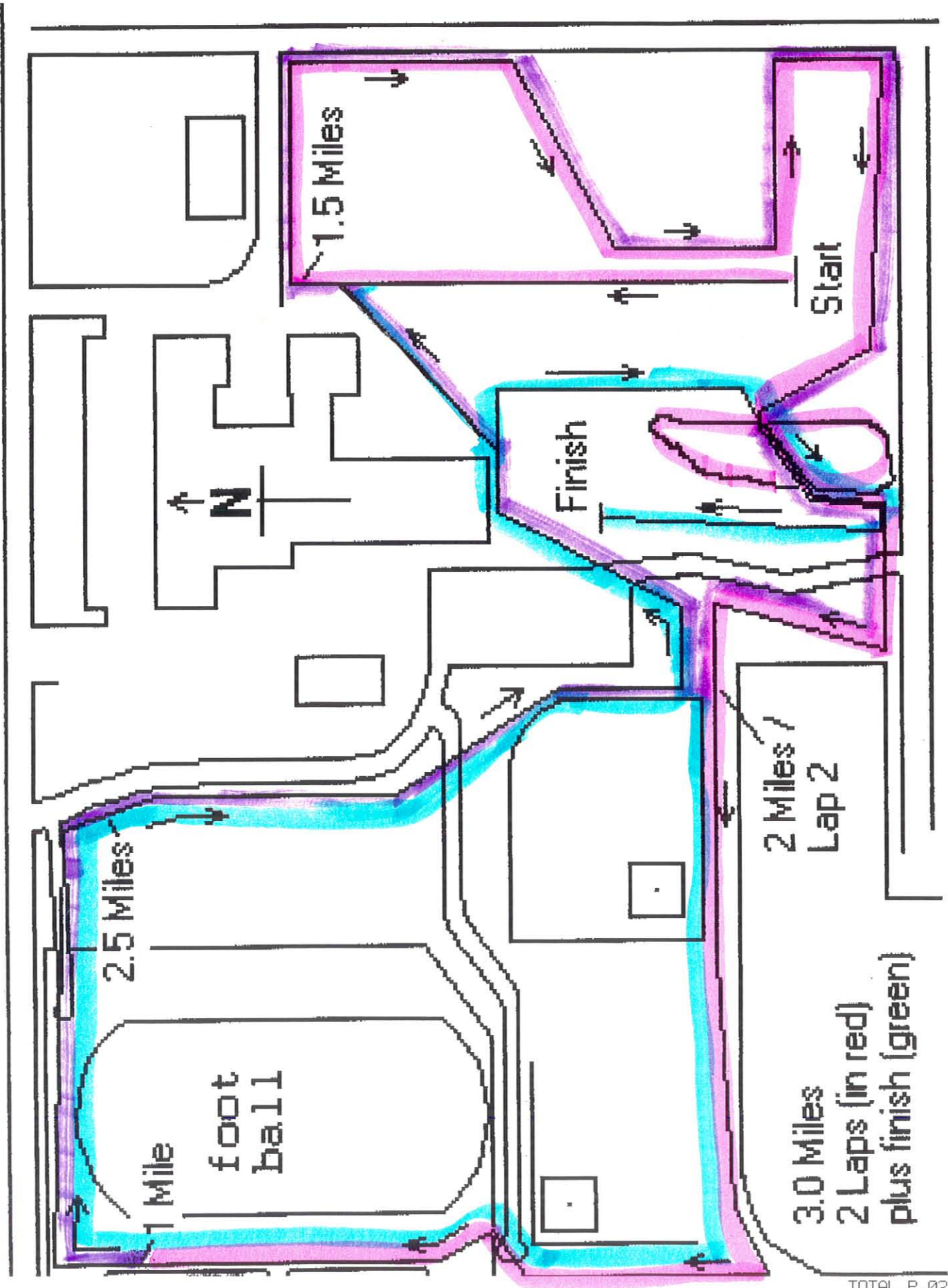


The Rockridge Rockets Booster Invitational Cross Country Meet

- DATE: September 3, 2009
- PLACE: Rockridge High School, Edgington, IL
- TIMES: Girls -4:30 PM (3.0 miles -unlimited series) Boys -5:10 PM (3.0 miles -unlimited series)
- COURSE: The course is mostly grass with rolling hills on the grounds surrounding Rockridge High School and its athletic facilities. Runners will cross pavement in two spots, as well as some gravel. Spikes are permitted (5/8 maximum). A course map is included. Splits will be given to all runners at the mile markers. The finish line will be at the NECK (i.e., the narrowest part) of the chute, and all runners should proceed through the chute after having crossed the finish line.
- TEAMS: Farmington, Kewanee, Knoxville, Mercer County, Mid-County, Orion, Ridgewood, Rockridge, Sherrard, and Wethersfield.
- AWARDS: Trophies to the top two girls teams Trophies to the top two boys teams Medals to the top 15 girls Medals to the top 15 boys
- SCORING: Computer scoring will be used. The top 5 runners will score with the 6th and 7th runners as bumpers. Tags will be worn on the front of each jersey by all runners and will be removed by a Judge at the end of the chute.
- PRESSING: Come dressed to run. Restrooms will be available in the high school lobby.
- CONCESSIONS: The Rockridge Booster Club will have concessions available to purchase in the high school lobby.



3.0 Miles
 2 Laps (in red)
 plus finish (green)