






# September Breakfast Menu 2024

Skim Chocolate and 1% White milk served

*Menu Subject to Change*



Mon	Tue	Wed	Thu	Fri
2  Labor Day	3 Cereal Donut Fruit Milk	4 Breakfast Sandwich (Bagel, bacon, egg, cheese) Fruit Milk	5 Biscuits & Sausage gravy Fruit Milk	6 Ham/Egg/cheese bar Fruit Milk 
9 Mini Pancakes/waffles Syrup Fruit Milk	10 Muffin Cheese stick Fruit/Milk	11 Breakfast burrito Fruit Milk	12 Cereal Donut Fruit Milk	13 Sausage or bacon Egg Hash brown Fruit Milk
16 Cereal Frudel Fruit Milk	17 Breakfast pizza Fruit Milk	18 Eggs Multi-grain bar juice Fruit Milk	19 Cereal Pop Tart Fruit Milk	20 Breakfast sandwich (bagel, bacon, egg, cheese) Fruit Milk
23 Pancake/sausage stick syrup Fruit/milk	24 Breakfast burrito Fruit Milk	25 cereal Donut Fruit Milk	26 Biscuits & Sausage Gravy Fruit/milk	27 Sausage or bacon egg Hash brown Fruit/milk
30 Cereal Donut Fruit Milk				

The USDA meal pattern requires that the school lunch menu provides a variety of vegetables throughout the week. A serving of legumes, red/orange, dark green, starchy and other vegetables are offered each week to balance out a healthy meal.






# September Lunch Menu 2024

Skim Chocolate and 1% White milk served

*Menu Subject to Change*



Mon	Tue	Wed	Thu	Fri
2  Labor Day	3 Hot dog on a bun Baked beans Cottage cheese Fruit Milk	4 Chicken nuggets Potatoes with gravy Bread Fruit Milk	5 Taco Salad Lettuce/tomato Chips/cheese Rice Krispie	6 Pizza Broccoli/carrots Ranch Fruit Milk 
9 Chicken TSO Rice Green beans Fruit/milk	10 Cheeseburger on a bun Spinach salad w/ tomatoes and cucumbers Fruit Milk	11 Maid Rite on a bun Fries Yogurt parfait Fruit Milk	12 Chicken Nachos Lettuce/tomatoes/carrots Chips/salsa Fruit/milk	13 Crispito Refried beans Chips/salsa Churro Fruit/milk
16 Biscuit with gravy Hash brown yogurt Fruit Milk	17 Tenderloin on a bun Chips carrots Fruit Milk	18 Chicken strips Cheesy potatoes Fruit Milk	19 Enchilada Bake Doritos/salsa corn Fruit Milk	20 Chef Salad (meat, broccoli, spinach, tomato, lettuce, cucumber) Breadstick; cheese stick Fruit/milk
23 Chicken Teriyaki Rice Carrots Fruit/milk	24 Ribette on a bun Baked beans Cheese stick Fruit/milk	25 Chicken Nuggets Potatoes with gravy Bread Fruit Milk	26 Chicken Tetrazzini Breadstick peas Fruit/milk	27 Pancakes Sausage links Hash brown yogurt Fruit/milk
30 Goulash Roll Cottage cheese corn Fruit/milk				

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