

MINUTES OF A **COMMITTEE MEETING** OF THE BOARD OF EDUCATION
OF **MERCER COUNTY SCHOOL DISTRICT #404**,
MERCER, HENDERSON, & ROCK ISLAND COUNTIES, ILLINOIS.

The Board of Education of Mercer County School District #404, Mercer, Henderson, & Rock Island Counties, Illinois, convened at a **WELLNESS COMMITTEE MEETING** at the Intermediate School Music Room, 1002 SW 6th Street, Aledo, IL 61260 on **Wednesday, November 4, 2020 at 3:30p.m.**

Members Present: Balmer, Smock

Also present: Supt. Scott Petrie, Stacey Day, Jamie Breeden, Becky Hyett, Angie Baker

1. **Review Current Wellness Plan 2019** – The committee reviewed the current policy. No changes were made. Angie Baker went over the Wellness Policy Content Checklist provided by ISBE. All USDA regulations for Local Wellness Policies were reviewed and approved. Jamie Breeden discussed the lessons that focus on wellness in Health and PE classes. The lessons will look a little different this year, due to COVID19, with no in person physical education at the Intermediate building. Jamie plans to provide a google slide presentation focusing on health and wellness.

There was a motion by Smock, seconded by Balmer, to adjourn the Wellness Committee Meeting at 3:49PM.