

## 2021 – 2022 Updated Health Guidelines

The following are the Symptoms of Covid and your child must be kept home if experiencing any of the symptoms and be tested for Covid before returning to school.

- Fever (greater than 100.4)
- New onset Moderate to severe headache
- Vomiting
- Diarrhea
- Sore Throat
- Cough
- Shortness of breath
- New cough
- New loss of taste or smell
- Fatigue from an unknown cause
- Muscle aches from an unknown cause



### Current Health guidelines for 2021 – 2022 School Year

- ❖ If your child has any of the above symptoms they must be kept home and get a covid test before returning to school. (The test can be a rapid antigen test or a PCR test). They must also be symptom free for 24 hours before returning to school.
- ❖ ~~All siblings unless vaccinated must be home until the ill child receives their covid results before returning to school.~~ Siblings are able to come to school until the ill sibling's covid test returns and if the child has a positive covid test all siblings must be sent home.
- ❖ If you choose not to have your child tested for covid they and their siblings will be out of school for at least 10 days.
- ❖ If the ill child test negative the siblings can return to school
- ❖ If your child tests positive all siblings are out of school for 10 days, from the date of the ill child's test. If any of the sibling's experience even one symptom during the 10 days their quarantine extends to 14 days. If any of the siblings are vaccinated they do not have to quarantine, unless they become symptomatic.
- ❖ If your child is vaccinated and they are exposed to covid they do not have to quarantine unless they themselves are showing symptoms
- ❖ If your child comes to the nurse during school and is not feeling well, parent's will be called and asked if you want your child tested for covid using the rapid antigen nasal swab. If they test negative they may be sent home depending on their symptoms but their siblings can remain at school. If they are positive all siblings will be sent home except for those who are vaccinated. If you do not want your child tested, they will have to be out of school for 10 days.

### If your child is identified as a close contact:

- ❖ As long as everyone is wearing a mask, we now have, Test to Stay for close contacts at school that includes testing those students on days 1,3,5,7 from exposure. If any of the students or staff are unmasked the test to stay cannot be used. This will allow them to remain in school and sports as long as they remain testing negative. If you choose not to have your child tested they will be out of school at least 10 days.
- ❖ Test to Stay does not include household members or if you are a close contact outside of the school setting, (this includes lunch).
- ❖ If your child is vaccinated they will not have to quarantine unless they themselves become symptomatic, but it is recommended that they be tested one time between day 3-5 of exposure.
- ❖ Close contacts are identified within 3 feet in the classroom and 6 feet on the school bus and at lunch.